



For Press Inquiries:
Meghan Beattie
Manager, Marketing and Business Development
E: Meghan.jumpstart@gmail.com
O: (650) 701-1460

Jumpstart Medicine Donates Over Four Thousand Dollars to Local Charities in Weight Loss Drive

Physician supervised weight loss program encourages patients to lose weight and help their local community

San Francisco, CA – January 19, 2010 – Over the holiday season, Jumpstart Medicine, the Bay Area-based, [physician supervised weight loss](#) program, partnered with patients to donate a total of over four thousand dollars, a direct correlation to patient pounds lost. All 10 locations worked with their local charities, including Second Harvest Food Bank, Ecumenical Hunger, the Salvation Army, the Contra Costa Food Bank and the Food Bank of the Rockies in a coordinated effort to motivate the company and its patients to lose weight and get healthy while making a local impact. The different donation structures resulted in notable donations and remarkable weight loss for Jumpstart’s patients - totaling in over 5,000 pounds lost.

Jumpstart Medicine’s Peninsula offices made a donation to their local Second Harvest Food Bank. Peninsula patients lost over 1,600 pounds resulting in 1,600 meals donated in December alone. Additional food and clothing supplies were collected by the Peninsula offices and donated to Ecumenical Hunger during the month of November. Patients at the Silicon Valley offices donated one full barrel of non-perishable food items to the Second Harvest Food Bank and collected 30 bags of patient clothing for the Salvation Army. The East Bay offices donated \$3,132 for their 3,132 pounds lost to the Contra Costa Food Bank resulting in 6,264 meals. Jumpstart Medicine is particularly pleased to support their afterschool program which sends school-age children home with five pounds of fresh produce each week. Finally, Jumpstart Medicine Denver donated 800 meals to the Food Bank of the Rockies.

“We are thrilled with the total [weight loss](#) achieved by all Jumpstart offices and our patients’ willingness to put in the extra effort during the toughest time of the year. It’s a testament to the work done by Jumpstart that even when faced with constant challenges during the holidays, our patients lost significant amounts of weight,” said Dr. Conrad Lai, CEO of Jumpstart Medicine.

Jumpstart Medicine remains a strong contributor in local communities and continues to expand, encouraging [healthy living](#) and tackling the issue of obesity in our nation. For additional information on this release or more information on how Jumpstart offices have impacted their local communities, please contact Meghan Beattie at Meghan.jumpstart@gmail.com.

Jumpstart Medicine

Since its founding in 2007, Jumpstart Medicine has helped thousands of individuals transform their lives through dramatic weight loss, improved health and sustained lifestyle improvements. Jumpstart’s comprehensive, physician-supervised program delivers a balanced, low-calorie diet, one-on-one nutrition education, optional medication, exercise guidance and personalized lifestyle coaching. Its team of experts successfully guides patients to their weight loss goals in a supportive and compassionate manner. Among the fastest growing weight loss programs in the Bay Area, Jumpstart Medicine has 10 convenient locations. For more information, please visit www.jumpstartmedicine.com.